

pyon moo do

strength·balance·peace

Community Service Project Neighborhood Cleanup

This is a wonderful way to give to your community by cleaning up an area that really needs it. Begin by selecting an area in your neighborhood that you would like to make trash free. You are required to spend a minimum of two hours collecting trash (can be divided over more than one session) and need to document your effort using the form below in order to receive your Service Stripe. It is recommended that you recruit others to join you in your project. This makes the experience more enjoyable, multiplies your effort and introduces others to the value of service. Even better, organize members of your neighborhood to join you as well. This helps to build your community and encourages everyone to take pride in where they live!

Basic Checklist

These are suggestions. Use your best judgment for what you will need.

- Trash bags
- Paper yard bags for yard waste
- Heavy duty gloves
- Brooms, dustpans and buckets for cigarette butts and glass
- Safety signs
- Refreshments (especially water)
- Insect repellent
- Tools (ropes, rakes, hedge trimming equipment, etc.)
- Trees/wildflower/grass seeds
- Safety vests
- First aid supplies
- Communication equipment

Journal

Complete the following to get credit for your Service Stripe.

Name of Student _____ Date(s) of Cleanup _____

Number of people involved _____ Amount of time spent cleaning _____

Amount of garbage collected _____

Please describe your experience :